

**11) Journey's End:** There is some time to relax before turning round and going back to Leeds.

**Multisensory aims and outcomes**

To cool down

n

**Musical aims and outcomes**

To stay still and listen

n

**Props**

1. Long ribbon sticks
2. Long lengths of blue material /lycra

n

**Instruments**

An ocean drum, or tambours filled with different sizes of grains/pulses, sand or gravel (avoid if you think your pupils will try to eat these)

n

**Sensory activity**

1. Ask the pupils to lie down on the floor, out of chairs if possible, or sit closely together
2. Waft the material or ribbon sticks over them in time to the music.
3. Or all sit around the lycra holding onto it, moving it slowly up and down in time with the music like the movement of the waves.

**Musical activity**

Move the ocean drum/tambours slowly in time with the song to make the sound of the waves.



Liverpool Dock

**Hoist up the sail - words:**

1. Where will the winds be blowing?  
Where will the tides be flowing?  
Hoist up the sail and the  
Ship will take us away
2. Where will the winds be blowing?  
Where will the tides be flowing?  
Follow the clouds and the  
Ship will take us away
3. Where will the winds be blowing?  
Where will the tide be flowing?  
Sail by the stars and the  
Ship will take us away.

# Hoist up the Sail

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The musical score is written for a single melodic line in treble clef, key of D major (two sharps), and 3/4 time. It consists of seven staves of music. The first staff contains four measures of music with notes D4, E4, F#4, and G4, each with a whole note value. Above the staff are the chord symbols D, A, D, and A. The second staff begins with a repeat sign and contains four measures: D4, E4, F#4, G4 (D), D4, E4, F#4, G4 (A), followed by a whole rest. The lyrics 'Where will the winds be blow - ing?' are written below. The third staff contains four measures: D4, E4, F#4, G4 (D), D4, E4, F#4, G4 (A), followed by a whole rest. The lyrics 'Where will the tides be flow - ing?' are written below. The fourth staff contains four measures: G4 (G), D4, E4, F#4 (D), D4, E4, F#4, G4 (A), followed by a whole rest. The lyrics 'Hoist up the sail and the ship will take us a -' are written below. The fifth staff contains four measures: D4, E4, F#4, G4 (D), D4, E4, F#4, G4 (A), followed by a whole rest. The lyrics 'way.' are written below. The sixth staff is marked 'Coda' and 'Rit.' and contains four measures: G4 (G), D4, E4, F#4 (D), D4, E4, F#4, G4 (A), followed by a whole rest. The lyrics 'Sail by the stars and the ship will take us a -' are written below. The seventh staff contains four measures: D4, E4, F#4, G4 (D), D4, E4, F#4, G4 (D), followed by a whole rest. The lyrics 'way.' are written below.

5 Where will the winds be blow - ing?

9 Where will the tides be flow - ing?

13 Hoist up the sail and the ship will take us a -

17 way.

21 Coda  
Rit. Sail by the stars and the ship will take us a -

25 way.

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