

### 3) Setting off along the canal: the barge is full of cargo. After the mooring ropes are untied and pulled in, they are coiled up ready for the barge to set off. (Track 6)

#### Multisensory aims and outcomes

1. To work together in time with the music
2. To feel the texture and the pull of the rope
3. To feel the resistance or the object being pulled

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#### Props:

1. Long lengths of theraband or 2 inch wide black elastic or rope (something which is not too coarse)
2. If it's a large group use elastics or ropes of different colours to represent the movements of different canal barges

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#### Multisensory Activities

1. All sit in a long line or circle and pass the rope through their hands. If possible attach it to something for the group to pull along
2. Move the rope all together as a group, either from person to person or backwards and forwards
3. **Health and Safety** - take care that the elastics stay in front of the pupils and they don't get caught up in them



#### Musical aims and outcomes

1. Structure - Anticipating when the rope needs to move into the air
2. Pulse - moving the rope in time with the pulse of the song
3. Pitch - some will learn to sing the song
4. Performing - some will learn to sing/play the song

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#### Instruments

1. Any of the following: ukulele, chime bars, glockenspiels, steel pans and keyboards
2. Coloured spots to mark the chords on the instruments

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#### Musical activity:

1. Sing the song: Pulling on the Mooring Rope (Shabang - Pulling on the Anchor rope)
2. Play the chords and tune of the song using the Foxwood Song Sheet opposite - see appendix for an explanation of how to use these sheets

#### Words:

Pulling on the mooring rope, hey x 4  
At the break of day  
(or at the end of the day)  
It's anchors away  
(all lift the rope in the air at this point)

#### Cross curricular ideas:

**Science: Exploring materials:** Using the same song and activity use other types of rope, thinner elastics, wool of different thicknesses.











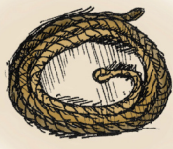
#### Experiencing forces

1. Attach the rope to different items and as a group or as individuals try to pull them along. Feel the weight of these. Record which were easiest to pull and which were very difficult.
2. Attach strings or ropes to items floating on water and pull them along see how it differs from pulling items on the floor.

# PULLING ON THE MOORING ROPE


Russ Elias  
Shabang Inclusive Music

END

 <b>C</b>	 <b>C</b>	 <b>C</b>	 <b>C</b>
DDDD D C	D -	DDDD D C	D -
 <b>C</b>	 <b>C</b>	 <b>C</b>	 <b>C</b>
DDDD D C	D -	DDDD D C	D - D F
 <b>C</b>	 <b>C</b>		
A A A G G	FG F A		

4 beats to a bar

**CHORDS**

 **C** **E** **G** **A** **C** **E** **G**

bass notes underlined

Original songsheet design © Victoria Jaquiss 1990

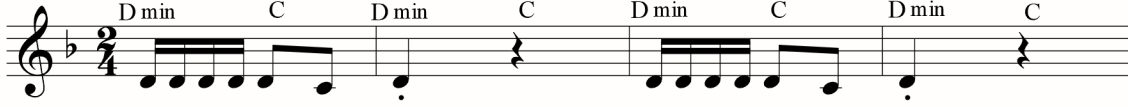
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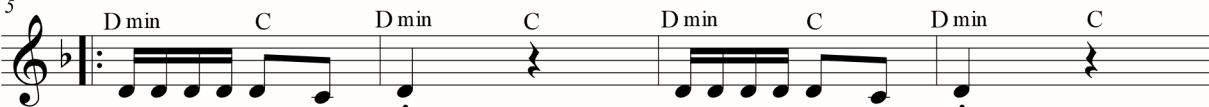
An explanation of how to use these is in appendix 1

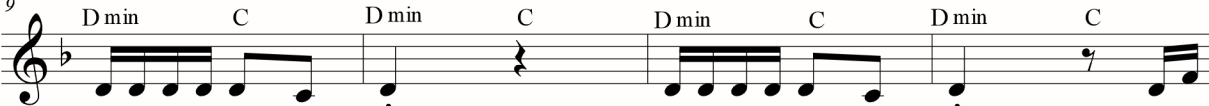
## Pulling on the Mooring Rope

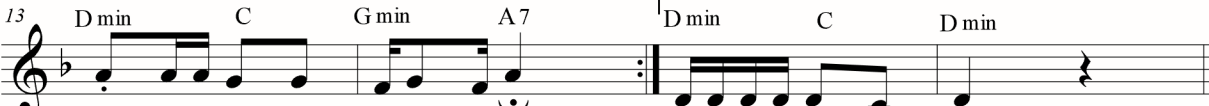
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♩ = 75

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5   
Pul-ling on the moor-ing rope! (Hey!) Pul-ling on the moor-ing rope! (Hey!)

9   
Pul-ling on the moor-ing rope! (Hey!) Pul-ling on the moor-ing rope! (Hey!) At the

13   
Break of \_ day it's an-chors a-way... Pul-ling on the moor-ing rope!  
[End of the]

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